



**The Sound
Relationship
House**

**Create
Shared Meaning**

**Make Life Dreams
Come True**

Manage Conflict

- Accept Your Partner's Influence
 - Dialogue About Problems
 - Practice Self-Soothing
-

The Positive Perspective

Turn Towards Instead of Away

Share Fondness and Admiration

Build Love Maps

- Know One Another's World

**T
R
U
S
T**

**C
O
M
M
I
T
M
E
N
T**