Relationship Reset Questionnaire

Select the primary values you focused on **when chosing your partner for life** and then assign a number from 1 to 10 to each choice where 1 is lowest desirablility and 10 highest desirability.

Once you have chosen the primary values, choose the secondary values (Assign a number from 1 to 6).

Note: If you assign a 6 or less it will automatically be considered a secondary value.

Remember assign the number based on what you were thinking at the time of choosing your partner and **not** what you feel presently.

Primary and secondary values		
Stable job	Empathetic	Supportive
Emotional intelligence	Traveller	Understanding
Cooks	Loves beaches	Apologetic
Good dresser	Loves family	Trustworthy
Wears perfume/cologne	Loves board/card games	Honest
Loves being in nature	Loves to read	Kind
Muscular	Religious	Intellectual
Loves the gym	Spiritual	Authentic
Loves nature walks	Confident	Self-sufficient
Risk taker/adventurous	Same culture	Loves watching TV
Athletic	Appreciates art	Able to relax
Gardener	Loves to give gifts	Spontaneous
Similar hobbies/interests	Loves giving compliments	Curious
Humorous	Loves to cuddle and touch	Doesn't snore
Extremely handy/crafty	Loves to spend quality time	Hard working
Philosophical	Loves winter	Financially responsible
Loves to give time in deed and service	 Tidy/clean	

Sum of primary values	
Sum of secondary values	
Total	



Only answer the questions on the reverse side once the survey has been completed.

dr. luella **jonk**

When you look over the secondary values now - in your current state of mind, would you have rated any of these higher than when you first met the person?
What do you think you realize now that you may not have realized before taking this quiz?
What is one thing you might consider doing now for your relationship that might bring you closer together?